

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am - 7:50 am KUTT Step Main Studio Jen	7:00 am - 7:50 am KUTT Weights Main Studio Linda	7:15 am - 7:45 am Spin Express Spin Studio Jen	7:00 am - 7:50 am KUTT Barre Main Studio Jen	7:00 am - 7:50 am KUTT Cardio Sculpt Main Studio Deb	8:00 am - 8:50 am KUTT Weights Main Studio Jen	8:00 am - 8:50 am Spin Spin Studio Nicole
9:00 am - 9:50 am KUTT Barre Babysitting Available Main Studio Jen	9:00 am - 9:50 am Spin Babysitting Available Spin Studio Deb	9:00 am - 9:50 am KUTT Weights Babysitting Available Main Studio Jen	9:00 am - 9:50 am Piloxing Babysitting Available Main Studio Cris	9:00 am - 9:50 am KUTT Step Babysitting Available Main Studio Jen	9:00 am - 9:45 am Spin Spin Studio Deb	9:00 am - 9:50 am KUTT Circuit Main Studio Linda
10:15 am - 11:00 pm Silver Sneakers Main Studio Jen	9:00 am - 9:50 am Zumba Babysitting Available Main Studio Maria	10:15 am - 11:00 pm Silver Sneakers Main Studio Jen	9:15 am - 9:45 am Beginner Spin Babysitting Available Spin Studio Jen	10:15 am - 11:00 pm Silver Sneakers Main Studio Jen	9:00 am - 9:50 am Dance Fit Main Studio Felicia	
10:15 am - 11:30 am Open Yoga Yoga Studio Gwenn	10:15 am - 11:30 pm Chair Yoga Main Studio Eileen	10:15 am - 11:30 pm Open Yoga Yoga Studio Nancy	10:15 am - 11:30 pm Yin Yoga Yoga Studio Nancy	10:15 am - 11:30 pm Open Yoga Yoga Studio Nancy	10:15 am - 11:30 pm Open Yoga Yoga Studio Eileen	10:15 am - 11:30 am Open Yoga Yoga Studio Eileen
4:30 pm - 5:00 pm Beginner Spin Spin Studio Nicole	4:30 pm - 4:55 pm Fab Abs Main Studio Jen	4:30 pm - 5:00 pm Spin Spin Studio Alyssa	4:30 pm - 5:00 pm TRX Main Studio Linda		10:00 am - 11:00 am Kickboxing Main Studio JoEllen	
5:10 pm - 5:55 pm Spin Spin Studio Nicole	5 p.m. - 5:50 p.m. Piloxing Main Studio Jen	5:00 pm - 5:30 pm Spin Spin Studio Alyssa	5:00 pm - 5:50 pm Kutt Circuit Main Studio Linda			
5:00 pm - 5:50 pm Zumba Main Studio Maria		5:00 pm - 5:50 pm KUTT Barre Main Studio Linda	5:00 pm - 5:50 pm Spin Spin Studio Cris			
6:00 pm - 7:00 pm KUTT Weights Main Studio Linda	6:00 pm - 7:00 pm Open Yoga Yoga Studio Eileen	6:00 pm - 6:50 pm Kickboxing Main Studio JoEllen	6:00 pm - 7:00 pm Hot Yoga Yoga Studio Gwenn			
7:00 pm - 8:00 pm Jazzercise Main Studio Jeanne		7:00 pm - 8:00 pm Jazzercise Main Studio Jeanne	7:00 pm - 8:00 pm Jazzercise Main Studio Jeanne			



**\$60 Month
Unlimited Classes**

jenmurphyfitness.com
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